

The Building Blocks of Sugar Reduction

A holistic approach to replicating full sugar taste and performance.



Sweet Peek at Sugar Reduction

With a renewed focus on nutrition and the role food and beverages play in fueling our bodies, the demand for better-foryou solutions is at an all-time high. This is especially true for products that feature low or no sugar. As a result, the industry faces the formidable challenge of formulating products that can still deliver on taste and satisfaction while also meeting the growing demand for reduced-sugar options. So how do brands rise to the occasion? In this report, we will explore a proprietary approach and solutions that deliver on sweetness without compromise.

Evolution of Sugar Reduction

Sucrose, or sugar as it's commonly known, stands as an exceptionally versatile ingredient that is challenging to replicate. Nevertheless, the world of food and beverage innovation has seen remarkable advancements over the last few years, introducing us to cutting-edge ingredient technology that can closely mimic the sensory experience of full-sugar taste without sucrose. The most successful and efficient way of accomplishing this has been through proprietary systems that work together.

ADM's sugar reduction toolbox offers just that, a holistic approach to sugar reduction to address each product's unique challenges. This proprietary approach does not simply work to reduce sugars, but replace, rebalance, and rebuild the structural integrity lost when removing sucrose — to ensure sweet success every time.

8 out of 10 consumers in the United States and European Union intentionally avoid or reduce sugars in their diets.^{1,2}

Priorities When Choosing a New Product for Purchase^{1,2}



Sugar Reduction PLUS^{1,2}



Clean & Clear Label

Sugar reduction is **61% and 65%** more important to US and EU consumers, respectively, when seeking clean label foods & beverages





Nutrition Benefits

Sugar reduction is **62% and 54%** more important to US and EU consumers when seeking low calorie foods & beverages

Balanced Lifestyle

Sugar reduction is **56% and 47%** more important to US and EU consumers when seeking indulgent foods & beverages

The Building Blocks of a Sweeter Solution

Sucrose plays a pivotal, multifaceted role in food and beverages, extending beyond merely providing a sweet taste. Its significance lies not only in its ability to enhance taste but also in the functional properties it imparts to our favorite formulations. Sucrose acts as a foundational ingredient, contributing to texture, color, and mouthfeel while also providing the necessary bulk and structure to various culinary creations. When crafting sugar-reduced solutions, it's essential to build back the various functionalities that sugar provides. This requires a holistic approach to sugar reduction, one that ADM has the tools and expertise to accomplish.

Holistic Approach to Sugar Reduction

We optimize sugar reduction by leveraging tools across the full ADM pantry to formulate ready-for-market solutions.

Proprietary Sweeteners

Our comprehensive sweetener portfolio includes core and foundational sweeteners, specialty nutritive, fruit-based, and low and no-calorie ingredients to meet your sugar reduction targets.

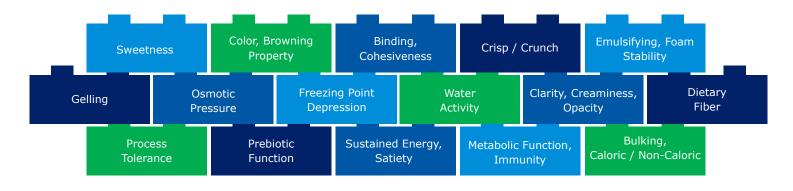
Flavor Technology

Our flavors bring characterizing profiles that complement your sweetener system and solutions that help mask off-notes to improve overall taste perception.

Enabling Ingredients

The enabling ingredients in our sugar reduction toolbox help rebuild texture, stability, and nutritional functionality when reducing sugars.

ADM's deep understanding of the building blocks of texture, stability, and nutrition functionality to ensure Sweet Success.



ADM's Unparalleled Sugar Reduction Toolbox

Meeting evolving and nuanced consumer demands can be daunting, so finding the right partner is critical to your market success. ADM acts as your single solution partner with the insights and innovation to meet consumer needs and formulation challenges head-on.

Our ingredient and flavor scientists work sideby-side to create complete turn-key solutions that make it simple to achieve your ideal product by replacing sweetness, rebalancing flavor, and rebuilding the functionality lost from sugar reduction.



Replace Sweetness

- Corn or Wheat Based Sweeteners
- Sucrose Solutions
- Specialty Nutritive
- Low & No Calorie



Rebalance Flavor

Flavor Modulation for Sugar Reduction: Natural solutions using TasteSpark[™] captive flavor technology.



Rebuild Functionality

- Nutritive Sweeteners
- Polyols
- Fibers
- Starches
- Other Ingredients

How to Assess the Formulation

Control 1	
<i>RECIPE:</i> Full Sugar	WHAT TO LOOK FOR: Sweetness Impact
No Changes	Mouthfeel
No ADM Ingredients	Flavor Profile
Control 2	
RECIPE: Reduced Sugar	WHAT TO LOOK FOR: Change from Control 1
No ADM Ingredients	Loss of Impact, Mouthfeel
	Change in Sweetness
	Change in Flavor Profile

Change in Astringency,

Bitterness

Solution 1		
RECIPE Reduced Sugar	WHAT TO LOOK FOR Build from Control 2	
ADM Sweetening Solution	Improvement of Sweet Impact	
	Improvement of Mouthfeel	
Solution 2		
RECIPE Reduced Sugar	WHAT TO LOOK FOR Build from Solution 1	
ADM Sweetening Solution	Comparison to Control 1 Improvement of Sweet	
ADM Elavor	Impact Mouthfeel	

ADM Flavor Modulation Solution Modulation Solution Modulation Solution Frofile Address Negatives in Control 2

Solution 3

RECIPE Reduced Sugar ADM Sweetening Solution WHAT TO LOOK FOR Build from Solution 2 Comparison to Control 1

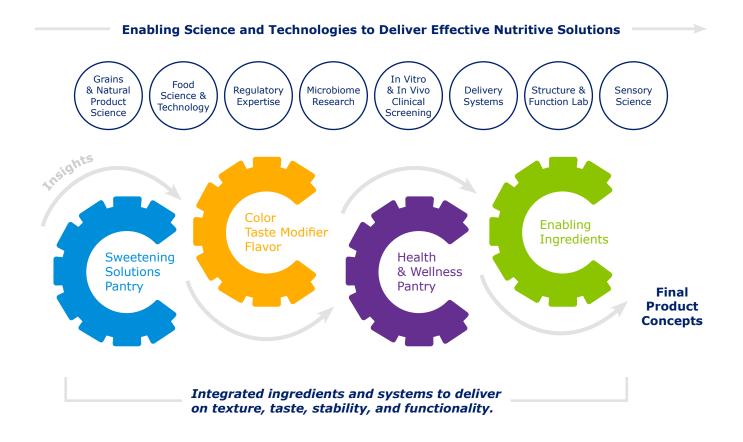
ADM Flavor Modulation Solution

Enabling Solutions and all other ingredients



The ADM Advantage

ADM possesses a wealth of capabilities, resources, and knowledge, all united by a common goal: replicating full sugar taste. Our integrated approach allows us to combine insights and strategies from different fields, enabling us to develop innovative solutions and make significant strides towards achieving sugar reduction goals.







Customized Solutions to Meet Your Needs

When creating your ideal sugar-reduced product, rarely is there one solution or approach to solving all the challenges you may experience. At ADM, we offer both sweetening systems and advanced flavor technology to produce reduced or zero-calorie options, depending on your desired outcome.



Beverage Pathways to Sugar Reduction

Reduced Calorie			_	
	Pad	LICOC.		orio
		uceu	Gai	ULIE

Sweetening Systems

- Synergy between caloric and high potency sweeteners
- Achieve target sugars and maintain sweetness

Flavor Technology
Masking basic tastes: acidity, bitterness, metallic notes

Cost Effective Zero Calorie

Sweetening Systems - High potency sweeteners to match profile and maximize upfront sweetness

Flavor Technology - Masking off-tastes and bitterness and astringency

Natural Zero Calorie

Sweetening Systems

- Best combination of natural high potency sweeteners and calorie-free bulking sweeteners
- Achieve the target sweetness equivalency and functionality

Flavor Technology - Re-creating or rebalancing flavor profile

- Building back mouthfeel, profile delivery over time

CONCEPT 1

Refreshing Reduced Calorie Lemonade

Crafted with meticulous attention to detail, this lemonade satisfies cravings for a sweet and tangy flavor while cutting back on calories. It harnesses ADM's innovative expertise to incorporate naturally sourced sweetening and flavor technology without compromising on taste.

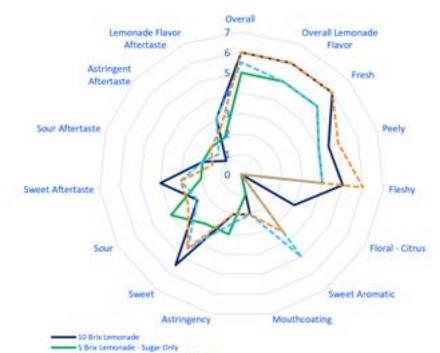


Ingredient Spotlight:

- + SweetRight[®] Organic Agave Syrup
 - Can reduce sugars 25-30%
 - Low-glycemic
 - Sustainably Sourced
 - Fair Trade
 - USDA certified organic, Non-GMO
- + Natural Flavor with TasteSpark[™]
 - Reduces astringency
 - Adds mouthfeel
 - Gives well-rounded flavor profile

Descriptive Sensory Profile³

5 Brix Lemonade - Sugar Only + Modifier 5 Brix Lemonade - Sugar/Agave + Modifier



Product Highlights:

- + Serving Size 12oz
- + Sugar Reduction 60%
- + Calories 70
- + Sugars 16g

Ingredients:

Water, Sugar, Organic Agave Syrup, Lemon Juice from Concentrate, Natural Flavor.

SOLUTION

servings per container Serving size	(361g)
Amount per serving Calories	70
	Daily Value*
Rotal Fat Og	45
Saturated Fat Op	95
Trans Fat Og	
Cholesterol Orig	0%
Sodium (mg	4%
Total Carbohydrate 18g	7%
Dietary Fiber 0g	4%
Total Sugars 16g	
Includes 16g Added Suga	cs 32%
Protein 0g	
And and the second s	
Vitamin Dmog	-%
Caloium 3mg	0%
Iron Grig	0%
Potessium 5mg	0%

CONTROL

Servings per container Serving size (379g)		
Amount per serving Calories	180	
N D Total Fat 0g	aity Value* 0%	
Saturated Fat Og Trans Fat Og	0%	
Cholesterol Ong	0%	
Sodium ting	0%	
Total Carbohydrate 40g	17%	
Dietary Fiber 0g	0%	
Total Sugars 44g		
Includes 35g Added Sugars	70%	
Protein 0g		
Vitamin Dmog	-5	
Calcium 4mg	0%	
from Omg	0%	
Potassium 5mg	0%	

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CONCEPT 2

Sugar Free Lemon Ready-to-drink Tea

With a perfect balance of black tea and refreshing tangy lemon flavor, this ready-to-drink beverage provides a fusion of flavors. Its sugar-free formulation ensures that consumers can enjoy the goodness of lemon flavored tea without the unwanted calories and sugar.



Ingredient Spotlight:

- + SweetRight[®] Stevia Edge-M
 - Improved sweetening vs. Reb M⁴
 - Increased solubility (5x) vs. Reb M⁴
 - Higher usage level than standard stevia without impacting bitterness and sweetness linger⁴
- + Natural Flavor with TasteSpark[™]
 - Adds mouthfeel and body
 - Reduces astringency
 - Gives cleaner finish

Descriptive Sensory Profile³

Product Highlights:

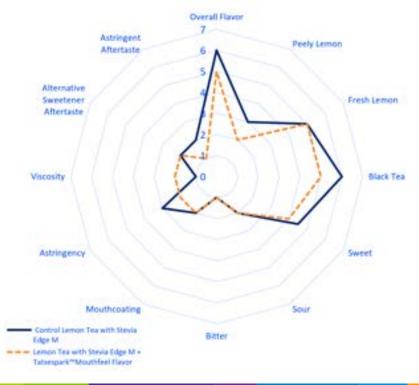
- + Serving Size 16oz
- + Full Sugar Reduction
- + Calories 0
- + Sugars 0g

Ingredients:

Water, Black Tea Extract Natural Flavor, Citric Acid

SOLUTION

Nutrition F	acts
servings per container Serving size	(474g)
Amount per serving Calories	0
	Daily Value*
Total Fat Og	9%
Saturated Fat Op	9%
Trans Fat 0g	
Cholesters! Ong	9%
Sodium 10mg	0%
Total Cerbohydrate 10	9%
Detary Fiber 0g	9%
Total Sugars Og	
includes Og Added Sugar	a dh.
Protein Op	
Vitamir D Omog	9%
Calcium Omg	
Iron Ding	9%
Potaseium Omg	0%





ADM is Your Sugar Reduction Innovation Leader

ADM is at the forefront of innovative and advanced reduced sugar solutions. Leverage our expertise and advanced technology to create your next-generation of better-for-you treats.

How to get started on your next sugar reduction project?

Brand Parameters -What are you looking to accomplish?

Defining Targets -Which targets are you looking to hit?

Support Level -What level of support do you need to meet your goals?



ADM's vast portfolio of ingredients is simply unmatched



Sustainably sourced, non-GMO, organic and other options to meet all labeling and consumer preferences



A solution for every functional or nutritiondriven formulation need



The sugar reduction tools and expertise you need for success

¹ADM Outside Voice US Consumers & Sugar Reduction; August 2020 ²ADM Outside Voice EU Consumers & Sugar Reduction; April 2022 ³ADM Sensory Research Results & Analysis. Erlanger; ADM Science & Technology; June 2023 ⁴ADM Proprietary Seviol Glycoside Research Results & Analysis. Decatur; ADM Science & Technology; October 2022



Ready to get started? Contact us today at **adm.com/food**

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