



Beans & Pulses

NutriStem® For Nutritious and Delicious Beans & Pulses

Get to know one of the cleanest-tasting bean and pulse portfolios in the business. Our NutriStem™ bean and pulse ingredients give products a wholesome nutritional boost without compromising flavor. They offer a smart way for formulators to meet evolving consumer demand for innovative meat and dairy alternatives, snacks, baked goods, and meal options. We'll help you use them in a wide variety of exciting protein solutions that satisfy in every way.



844-441-FOOD | food@adm.com | adm.com/food

Wholesome Ingredients Beans & Pulses Portfolio

ADM Beans & Pulses – A portfolio That's Simply the Best

TRUSTED QUALITY AND FOOD SAFETY

By partnering with growers through our scalable supply chain, we prioritize sourcing high-quality ingredients – from harvest to home. We also offer value-added optionality such as triple-cleansing and a validated kill-step.

STRATEGIC AND RELIABLE SOURCING

ADM is the largest vertically integrated supplier of beans and bean ingredients in the U.S. and can help you meet your supply chain goals. We are your go-to partner for wholesome ingredient sourcing expertise and have key relationships with co-packers to provide further value-added solutions.

POSITIVELY NUTRITIOUS

Today, consumers are more conscious about the things they eat and are looking for something different. They want foods that taste great and fit their modern definition of health. Known for being high in both protein and fiber, beans and pulses are more than just tasty. They're a nutrition-forward wholefood ingredient.

More Applications, More Benefits



Snacks



Bars



Baked Goods



Cereals



Side Dishes, Pasta
& Ready Meals



Dairy & Dairy Alternatives



Meat & Meat Alternatives



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NutriStem® Beans & Pulses

NutriStem™ Product	Product Code	Product Description	Product Applications
Black Beans (Turtle Beans, Mexican Black Beans, Spanish Blackbeans)	213000	Oval shape, black colored, rich flavor, velvety texture, hold shape when cooked.	Ready Meals, Sides and More
Organic Black Beans	BEAN-045	Oval shape, black colored, rich flavor, velvety texture, hold shape when cooked.	Ready Meals, Sides and More
Great Northern Beans (White Bean or Haricot Bean Family)	228000	Medium-sized, oval shaped, white colored, mild in flavor, powdery texture.	Ready Meals, Sides and More
Dark Red Kidney Beans (Mexican Red Beans)	206000	Large, elongated, deep reddish-brown, robust full-bodied taste, hold shape when cooked, readily absorb surrounding flavors.	Ready Meals, Sides and More
Organic Dark Red Kidney Beans	BEAN-045	Large, elongated, deep reddish-brown, robust full-bodied taste, hold shape when cooked, readily absorb surrounding flavors.	Ready Meals, Sides and More
Light Red Kidney Beans (Mexican Beans)	207000	Large-sized, kidney shape, robust flavor, rich texture.	Ready Meals, Sides and More
Organic Light Red Kidney Beans	BEAN-100	Large, elongated, light reddish-pink, mild yet well-rounded flavor, hold shape when cooked, readily absorb surrounding flavors.	Ready Meals, Sides and More
Mayocoba Beans (Mexican Yellow Beans, Canario Beans)	239000	Medium-sized, oval shape, ivory-yellow colored, dense, smooth, mild flavor.	Ready Meals, Sides and More
Navy Beans (Pea Beans)	201000	Small, pea-sized beans, creamy white colored, dense, smooth, mild-flavored.	Ready Meals, Sides and More
Pink Beans (Related to Kidney Beans)	225000	Small, oval, pale pink beans that turn reddish-brown when cooked. They have a rich and meaty flavor with a slight powdery texture.	Ready Meals, Sides and More
Pinto Beans (Related to Kidney Beans)	208000	Medium-sized, oval shape, beige with reddish-brown markings (spots disappear and beans turn pink when cooked), creamy texture, earthy flavor.	Ready Meals, Sides and More
Small Red Beans (Mexican Red Beans)	211000	Deep red colored, mild flavor, firm texture, hold their shape when cooked.	Ready Meals, Sides and More
White Kidney Beans (Cannellini Beans, Fagioli)	238000	Large-sized, white colored, oblong shape, nutty taste, creamy texture.	Ready Meals, Sides and More
Cranberry Beans	BEAN-101	Large, oval, cream-colored with red speckling, rich mildly nutty flavor, hold shape when cooked, readily absorb surrounding flavors.	Product Applications: Ready Meals, Sides and More



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Product	Product Code	Product Description	Product Applications
Chickpeas (Garbanzo Beans)	237001	Beige colored, nut-like taste, buttery texture.	Ready Meals, Sides and More
Organic Chickpeas	BEAN-033	Beige colored, nut-like taste, buttery texture.	Ready Meals, Sides and More
Green Lentils	LENT-001	Medium-sized, flat, green with light mottling, mild earthy flavor, hold shape when cooked, readily absorb surrounding flavors.	Ready Meals, Sides and More
Organic Large Green Lentils	LENT-002	Large, flat, green with mottled tones, earthy robust flavor, hold shape when cooked, readily absorb surrounding flavors.	Ready Meals, Sides and More
Organic Small Green Lentils	LENT-014	Small, round, green with subtle mottling, earthy concentrated flavor, hold shape when cooked, readily absorb surrounding flavors.	Ready Meals, Sides and More
Organic French Green Lentils	LENT-015	Small, firm, dark green with blue-gray mottling, peppery robust flavor, hold shape when cooked, readily absorb surrounding flavors.	Ready Meals, Sides and More
Red Lentils	LENT-003	Small, round, reddish-orange in color, mild slightly sweet flavor, soften when cooked, readily absorb surrounding flavors.	Ready Meals, Sides and More
Red Lentils Split	LENT-007	Small, split, orange-red in color, mild slightly sweet flavor, soften and break down when cooked, readily absorb surrounding flavors.	Ready Meals, Sides and More

Product	Product Code	Size	Product Applications
Black Bean Grits-Cooked	282001	99% through #6	Snacks, Baked Goods, Ready Meals, Dips and More
Black Bean Meal-Cooked	282008	75% through #16	Snacks, Baked Goods, Ready Meals, Dips and More
Black Bean Powder-Cooked	292001	95% through #80	Snacks, Baked Goods, Ready Meals, Dips and More
Black Beans-Quick-prep	262001	10x7mm	Snacks, Baked Goods, Ready Meals, Dips and More
Navy Bean Grits-Cooked	482001	99% through #6	Snacks, Baked Goods, Ready Meals, Dips and More
Navy Bean Meal-Cooked	482008	75% through #16	Snacks, Baked Goods, Ready Meals, Dips and More
Navy Bean Powder-Cooked	492001	95% through #80	Snacks, Baked Goods, Ready Meals, Dips and More
Navy Beans	462001	10x7mm	Snacks, Baked Goods, Ready Meals, Dips and More
Pinto Bean Grits-Cooked	182001	99% through #6	Ready Meals, Sides and More
Pinto Bean Meal-Cooked	182008	75% through #16	Ready Meals, Sides and More
Pinto Bean Powder-Cooked	192001	95% through #80	Ready Meals, Sides and More
Pinto Beans	162001	15x9mm	Ready Meals, Sides and More
Small Red Bean Grits	382001	99% through #6	Snacks, Baked Goods, Ready Meals, Dips and More
Small Red Bean Meal	382008	75% through #16	Snacks, Baked Goods, Ready Meals, Dips and More
Small Red Bean Powder	392001	85% through #80	Snacks, Baked Goods, Ready Meals, Dips and More
Small Red Beans	362001	N/A	Ready Meals, Sides and More
Chickpea Grits Pre-Gelled	882001	99% through #6	Snacks, Baked Goods, Ready Meals, Dips and More
Chickpea Powder Pre-Gelled	892001	95% through #80	Snacks, Baked Goods, Ready Meals, Dips and More
Chickpeas - Quick Prep	842001	15X12mm	Ready Meals, Sides and More

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ADM - Your Partner of Choice for a Nutrition-packed World of Possibilities.

Contact Us to Learn How We Can Help!

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