# ADM<sup>®</sup>

## Yogurt:Shots for the Metabolic Wellness & Immune System



Almost **2 billion** people worldwide are overweight

> **14** of the world's

population is affected by metabolic syndrome



"an escalating global epidemic of overweight and obesity – 'globesity' – is taking over many parts of the world."



#### **Postbiotics\* And Metabolic Wellness**

Metabolic health is fundamental to healthy living. Excess weight and obesity can negatively impact each of the interconnected clinical measures that characterize metabolic syndrome:

- Increased waist circumference
- Reduced HDL-cholesterol
- Elevated resting blood pressure
- Elevated fasting glucose
- Elevated fasting triglycerides

Metabolic syndrome is indicated when any three of these measures are present, and observational data have shown this condition is associated with an increased risk of heart disease and type 2 diabetes. As more of the world's populations become overweight and obese, weight management becomes even more important to promoting good health.

## 49%

of consumers in UK have increased their intake of **probiotics products** due to covid 19

### **67%**

of consumers in UK have increased their intake of vitamins, minerals & dietary supplements due to covid 19



## Ingredient of the Year for Weight Management

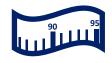
#### **BPL1 AT A GLANCE**

- A naturally occurring bacteria, extracted directly from healthy, breast-fed children
- Positively tested in biofunctionalities against competitors
- Well documented strain
  - Tested in human clinical trial
  - Patent protected
  - Six papers published in peer reviewed journals
  - Fully gene characterization
- Obesity management by means of
  - Fat reduction
  - Waist circumference reduction
  - Satiety increase
  - Strong antioxidant and anri-inflammatory effect
- Works both alive and heat-killed
- Favorably tested synergies with other probiotic strains and prebiotics



#### The Scientific Clinical Study Behind HT BPL1

A randomized double-blind, placebo controlled clinical trial to understand HT BPL1's role in markers of metabolic health:



Women and men with waist circumferences greater than or equal to 88cm (w) and 102cm (m), respectively



Intervention: HT-BPL1 for 12 weeks (at a concentration equivalent to 10<sup>10</sup> CFU in life organisms)

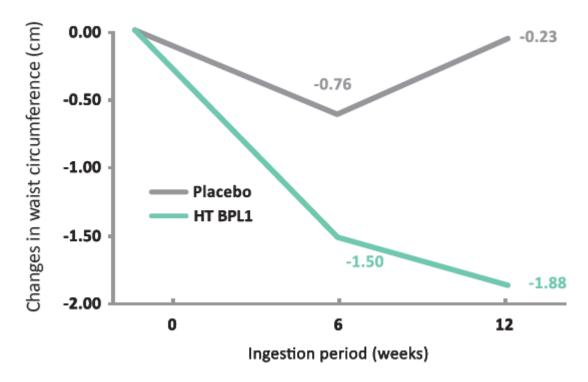


Multiple outcomes assessed, including anthropometric biomarkers and microbiome analysis



#### **RESULTS (1/3): The Scientific Clinical Study Behind HT BPL1**

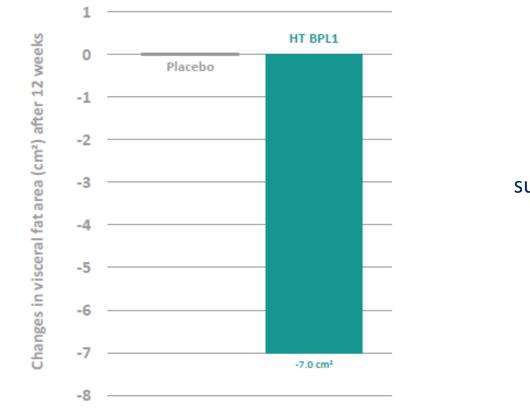
39% of study subjects in the HT BPL1 intervention group experienced a decreased waist circumference of 2cm or more at 12 weeks.

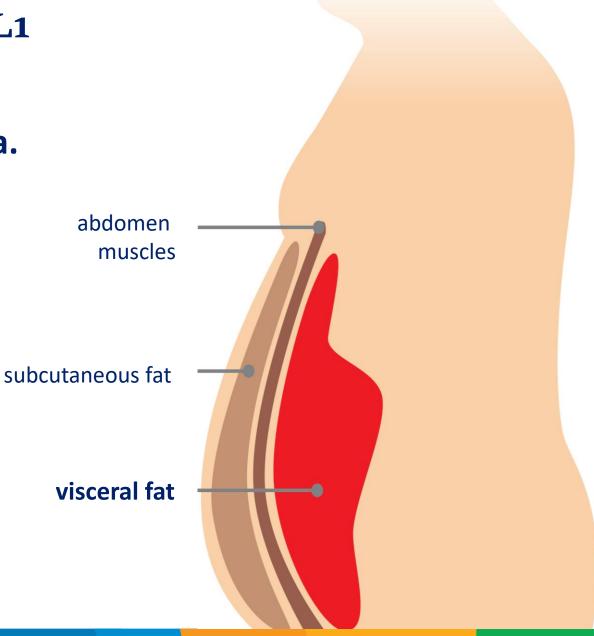


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#### **RESULTS (2/3): The Scientific Clinical Study Behind HT BPL1**

**55%** of participants taking HT BPL1 saw a **reduction in visceral fat area.** 





\*For HT BPL1 there is no authorized EFSA Claim available at the moment

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#### **RESULTS (3/3): The Scientific Clinical Study Behind HT BPL1**

After only 12 weeks, reductions from baseline were seen in: **Body Mass Index** (BMI), **Diastolic blood pressure** and **HOMA-IR score**.

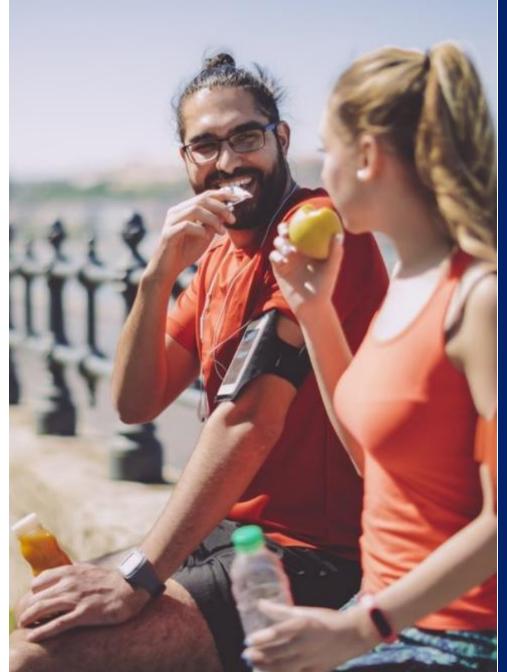
Among subjects in the HT BPL1 intervention group with a BMI in the obesity range (30 or greater) at baseline, **11% saw their BMI fall below the obesity threshold at 12 weeks** 



WINNER: NutraIngredients Awards in 2020 as Ingredient of the Year in Weight Management

#### WINNER: BIG Innovation Awards 2021

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#### **RESULTS: The Scientific Clinical Study Behind HT BPL1**

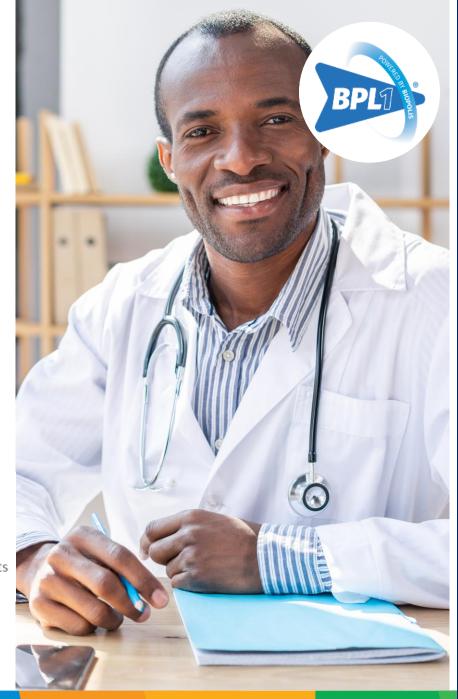
- ✓ 39% of study subjects in the HT BPL1 intervention group experienced a decreased waist circumference of ≥2cm at 12 weeks.
- ✓ **55% of participants** taking HT BPL1 saw a **reduction in visceral fat area.**
- ✓ After only 12 weeks, reductions from baseline were seen in: Body Mass Index (BMI),
  Diastolic blood pressure and HOMA-IR score.
- ✓ Among subjects in the HT BPL1 intervention group with a BMI in the obesity range (30 or greater) at baseline, 11% saw their BMI fall below the obesity threshold at 12 weeks

#### HT BPL1 can be incorporated easily into food & beverages



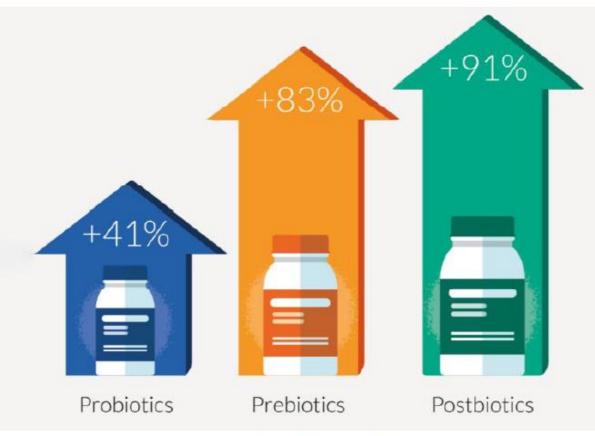
#### Vegan | Halal | Kosher | Organic Compliant | Gluten Free | EU Permitted

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#### Social Media Study on "Biotics" in 2019 On Instagram, Pinterest, Twitter



#### Consumer interest in 'biotic' terms is growing

Base: mentions of probiotics, prebiotic and postbiotics on Instagram, Pinterest and Twitter, July 2018-19 Original Source: Wageningen Academic; Science Direct; Infegy/Mintel (Digestive Health, Social media, US, August 2019)



#### Yogurt: Shots for the Metabolic Wellness\* & Immune System

#### **Healthy Nutrition & Convenience**

Healthy nutrition served by convenient foods & beverages with scientific evidence is increasingly catching consumer interest.

The hero ingredients among consumers are **Vitamin C & Vitamin B12 – contributing to the normal function of the immune system**.. Especially Vitamin B12 will become even more relevant with the rise of plant-based foods that naturally lack of B12.

Beyond Vitamins consumers care for their Gut Heath and Metabolic Health with a preventative and holistic approach towards health & wellness. In line with that there is a rising consumer interest in **Pro-& Postbiotics being** discussed on social media & newspapers.

**ADM HT BPL1** is the right answer to that consumer need, being internationally recognized for its benefits:





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#### Case Study

#### **ADM Wellbeing Pack**

#### **ADM Preparation**

enriched with Vitamin Complex with Vitamin C & Vitamin B12 to support the normal function of the Immune System

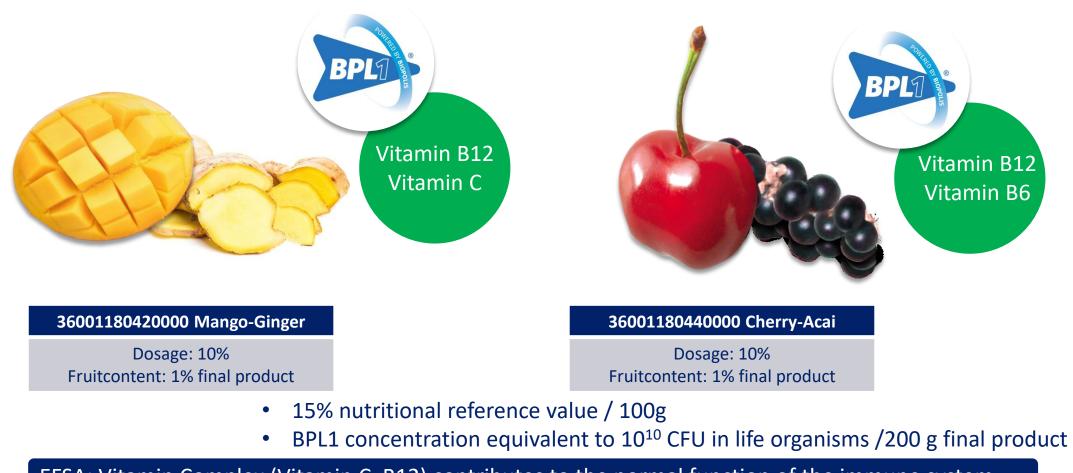
#### ADM HT BPL1

Clinical studies show **significant benefits** of **HT BPL1** targeting Metabolic Health & Visceral fat reduction\*

**HT BPL1** can be easily applied within the preparation or directly into the white base

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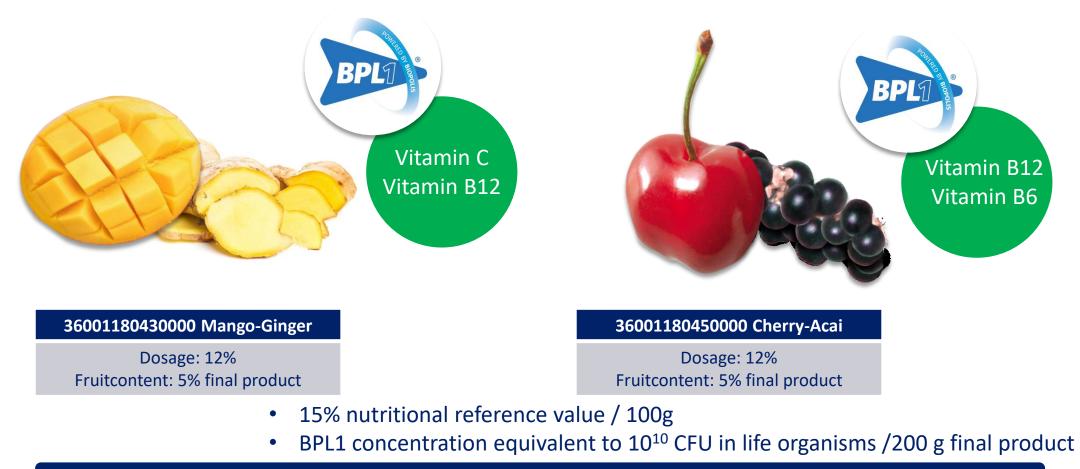
#### Yogurt Shots for the Metabolic Wellness\* & Immune System



EFSA: Vitamin Complex (Vitamin C, B12) contributes to the normal function of the immune system

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## Thank you & stay healthy!